Household engagement with the Demand Flexibility Service 2022/23

6th July 2023

The webinar will start at 14.01
If you have any issues please email us directly at demandflexibility@nationalgrideso.com
1. Background
2. Evaluation aims and approach
3. Headline findings
   A. Awareness and motivations
   B. Who participated
   C. Experiences
   D. Benefits and challenges
4. Recommendations
   A. For future DFS
   B. For longer term change
Introduction
Background

Winter 2022 - 2023

• Energy was front page news
• Coverage of the DFS was associated with a risk of blackouts
• Fuel poverty increased dramatically
• Retail market offered few options
Background

Demand Flexibility Service Overview

- Critical peak rebate
- Price of flex fixed by NGESO, but providers varied incentives
- Ran Nov ‘22 – March ’23 with 20 test events & 2 live events
- 31 providers (14 domestic only, 7 both, 10 non-dom)
- 1.6 million households and businesses participated
- 3,300MWh of electricity reduction delivered

Designed with very low barriers to participation

- Non-punitive
- Smart meter is the only technical requirement
- Participation not tied to household electricity supplier
Background

Evaluation scope

• Domestic, not SME
• Focus on engagement & experiences
• Volume of flex delivered by households will be analysed when smart meter data is available
• Provide insights for future design of DFS
• Not a comparison of individual providers’ offers
Evaluation design

Evaluation questions

The evaluation was designed to answer the following four main questions:

1. How did households hear about the Demand Flexibility Service?
2. Who was able to participate in the Demand Flexibility Service?
3. How did households respond?
4. What were the main benefits and challenges households experienced?

Data collected based on CSE’s capability lens

<table>
<thead>
<tr>
<th>CSE’s capability lens</th>
<th>Social research data collected for the evaluation</th>
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<tbody>
<tr>
<td>Energy tech &amp; usage</td>
<td>• Installed LCT tech &amp; use of monitoring / smart control</td>
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<td></td>
<td>• Heating type</td>
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<td></td>
<td>• Meter type</td>
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<tr>
<td>Dwelling &amp; location</td>
<td>• Dwelling type &amp; tenure</td>
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<td></td>
<td>• Region</td>
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<tr>
<td>Digital skills &amp; confidence</td>
<td>• Use of smart appliances or controls</td>
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<td></td>
<td>• Trust in energy suppliers</td>
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<tr>
<td>Financial</td>
<td>• Employment status</td>
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<td>• Socio-economic grade of highest wage earner</td>
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<td></td>
<td>• Tenure</td>
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<td></td>
<td>• Perception of coping financially</td>
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<tr>
<td>Social &amp; personal</td>
<td>• Attitudes of the person filling the diary (financial risk, interest in new technologies, climate concern)</td>
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<td></td>
<td>• Health status</td>
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<td></td>
<td>• Demographics (gender, age, ethnicity)</td>
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Methods summary

Evaluation timeline

Nov 22  Dec 22  Jan 23  Feb 23  Mar 23  Apr 23  May 23  Jun 23  Jul 23

DFS winter 2022 - 23

Engagement Evaluation

Smart meter data Evaluation

Diaries (n=134)
- Online diary covering the last two events in March
- Active domestic DFS participants, recruited directly by CSE through web & social media request. Not sampled.
- £50 incentive

Opinion poll (n=1,700)
- Opinion poll consisting of 30 survey questions with demographics
- GB energy bill-payers, recruited via survey panel company
- Sampled and results weighted

Evaluation Survey (n=23,717)
- Online evaluation survey, approx. 15 minutes, covering household characteristics, attitudes, dwelling attributes and experiences of DFS
- Active DFS participants were recruited by their DFS provider, not sampled or weighted
- A prize draw incentive

Interviews (n=10)
- 30-minute semi-structured online interview
- Active domestic DFS participants invited on reported experiences or household characteristics
- £20 incentive

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Methods summary

Caveats and limitations

• Not all DFS providers participated in the evaluation
• No smart meter data was available for this part of the evaluation
• Evaluation participants were recruited via their provider and not sampled
• Evaluation participants are self-selecting
Awareness and Motivations
Awareness

The opinion poll revealed that 38% of the nationally representative sample had heard of one or more DFS schemes.

Of those who had not heard of the DFS, 65% would like to know more and 44% thought they would find it easy to shift their demand from the early evening.

Almost all (85%) evaluation survey participants had heard about DFS via their Provider, rather than seeking out the opportunity themselves.

From your understanding, which of the following statements best describes these energy schemes? These schemes aim to… (n= 646, weighted)

- Reward some households for reducing their energy use
- Reduce energy bills for all households
- Avoid black outs in the UK this winter
- Reduce the amount of gas the UK needs to import
- Encourage the use of smart meters
- Increase renewable energy use
- Test new products and services
- Don't know
- Other
Awareness and motivations

Motivations

Why did you decide to sign up?

- Reduce my energy bill
- Interested in the challenge whether my household can do it
- Earn rewards for my household
- Reduce energy bills for all households through a more balanced grid
- Help National Grid to ‘keep the lights on’ / avoid black outs
- Reduce carbon emissions
- Help the UK to reduce gas imports
- Interested in the innovation / want to see how it all works
- Educate my family or household about energy
- Interested in learning more about energy
- Don’t know
- Earn rewards to donate to charity / others
- None of the above
- Other

Survey (n=23,717)
Who participated?
Who participated?

Demographics

A broad spectrum of households participated in the DFS, but with large underrepresentations within age and ethnic groups.

Age and gender

Younger groups were under-represented, older age groups over-represented. Men made up the majority of older participants, but overall, there were more women respondents (55%).

Ethnicity

The White ethnic group was over-represented in respondents compared to the GB population, with 96% compared to 83% of the GB population (13% difference).

Health

30% of households have a physical or mental health condition or illness lasting or expected to last 12 months or more.
Who participated?

Location

London was significantly underrepresented with only 5.0% of respondents located in the region, compared to 13.5% of GB population (8.5% difference).

Scotland was also underrepresented, with 6.9% of respondents located there, compared to 8.4% of GB population (1.5% difference).

20% of respondents were from rural locations and 64% from urban locations, with 16% of respondents not classifiable.
Who participated?

Socio-economic group

Retired households made up a significant proportion of the respondents, as did households with a main income earner from a professional or managerial position.

5,025 (23%) of respondents were retired, but of these, most (60%) were ‘living comfortably’ or ‘doing alright’ when asked how they are managing financially.

*The full question was: Please indicate to which occupational group the Chief Income Earner in your household belongs, or which group fits best. This could be you; the Chief Income Earner is the person in your household with the largest income. If the Chief Income Earner is retired and has an occupational pension please answer for their most recent occupation. If the Chief Income Earner is not in paid employment but has been out of work for less than 6 months, please answer for their most recent occupation.
Most respondents owned their own home and lived in a detached or semi-detached house.

- 79% of respondents own their home compared to 62% of GB population (17.7% difference).
- Terraced houses, flats within converted or shared houses and purpose-built flats are all under-represented. With purpose-built flats being underrepresented by 10%.

Which of these best describes your home? (n = 23,585)

- I own my home (outright or with mortgage)
- I rent from a housing association or local authority
- I rent from a private landlord
- I have shared ownership
- I have shared ownership

Household energy use

- 10% have solar panels
- 4% have a plug-in EV
- 3% have home batteries
- 2% have heat pumps
- 3% have medical devices that run on electricity
Who participated?

Trust
Similar levels of trust in energy suppliers to treat them fairly, when compared to Ofgem consumer research[^1], but lower levels of trust in being charged a fair price.

![Bar chart showing levels of trust in energy suppliers.](image)

Climate concern
Slightly higher levels of concern about climate change.

![Bar chart showing levels of concern about climate change.](image)

[^1]: Ofgem, Household Consumer Impacts of Market Conditions Survey Wave 3 Report: Research
[^2]: DESNZ Public Attitudes Tracker: Net Zero and Climate Change Spring 2023, UK conducted in November - December 2022
Experiences
Experiences

Understanding was high

Most understood what to do during events – but also asked for more guidance on how to respond

- 82% of survey respondents reported they found it either easy or very easy to understand what to do during turn down events.
- 3% reported finding it difficult or very difficult.

“Provide more tips on what to do during those events to reduce energy consumption”
- Survey respondent

Some evidence of limited understanding of DFS amongst participants, interpreting it as a general energy-saving scheme

Thinking about your experience overall, how easy was it to understand what to do during events to earn rewards?
## Experiences

### 5 main shifting approaches and 2 non shifting reasons

<table>
<thead>
<tr>
<th>Shifting approach</th>
<th>Description used in the Evaluation Survey</th>
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<tbody>
<tr>
<td>Plan usage around event</td>
<td>We planned our electricity usage around the event and moved activities like cooking, laundry or charging to other times of day or week.</td>
</tr>
<tr>
<td>Reduce usage during event</td>
<td>We turned off appliances that we could and cut down our energy use.</td>
</tr>
<tr>
<td>Turn off all power</td>
<td>We turned off all power, and went out or went to bed during events.</td>
</tr>
<tr>
<td>Move usage directly before</td>
<td>We tried to move all our electricity into the 1-4 hours before the event, then turned things off during the event.</td>
</tr>
<tr>
<td>Use battery</td>
<td>We used our battery during the event.</td>
</tr>
<tr>
<td>Couldn’t shift (low user)</td>
<td>We could not respond as we do not use a lot of electricity in general.</td>
</tr>
<tr>
<td>Couldn’t shift (no flexibility)</td>
<td>We could not respond as we could not change how we used electricity during those times.</td>
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</tbody>
</table>
Experiences

Demand shifting the primary strategy, demand destruction a close second

Demand destruction was almost as typical as demand shifting.

- Shifting was ranked first by 41% and second by 16%
- Demand destruction was ranked first by 34% and second by 23%.

Targeting the baseline through the IDA window was not prevalent

- 16% of respondents selected this as their first or second strategy. It is not clear how many of these respondents used this strategy because they were aware of the IDA and the possibility of increasing their rewards, or for other reasons.

Comments revealed other strategies – restricting usage to one room, or not shifting due to perceived lack of point.

Smart meter data is needed to compare household perceptions with metered responses.

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Experiences

Few events actively participated in

- 41% took part in 3 or fewer turn down events
- 35% took part in 4-6 events
- 4% took part in 10 or more events
- 12% didn’t know

We don’t know how many events households were notified about by their provider. 3% described technical difficulties in open text responses.

How many turn down events did you participate in?

- 0% 20% 40% 60% 80% 100%
- 0 - 3 4 - 6 7 - 9 10 or more Don’t know
Experiences

Rewards received were low...

- 51% reported rewards of £1-5 in value
- 13% reported that they received nothing
- 4% received above £25 in rewards

However, the provider who delivered the largest volume of demand reduction and therefore received the highest proportion of the incentive carried out their own evaluation and their customer data is not included.

..and indicate number of events participated in

80% of respondents reporting £0 rewards had taken part in 0-3 events.
Experiences

A minority were dissatisfied with reward value

- 44% agreed or strongly agreed that the rewards they received were satisfactory
- 32% neither agreed nor disagreed
- 24% disagreed or strongly disagreed.
- Satisfaction increases from 41% in the £1-£5 category to 82% in the £51-£100 category

Satisfaction with low rewards may indicate a ‘low effort, low expectation’ form of participation, or an ‘every penny counts’ attitude.

Please indicate your agreement with the following statement:
‘Overall, I am satisfied with the rewards I have received for taking part’ (n = 21,419)

0% 20% 40% 60% 80% 100%
£0 £1 - £5 £6 - £10 £11 - £25 £26 - £50 £51 - £100 More than £100

All respondents

Strongly agree
Agree
Neither agree nor disagree
Disagree
Strongly disagree
Experiences

Overall satisfaction was high

- 62% reported that they were either satisfied or very satisfied with their experience of the DFS.
- 27% reported neither satisfaction nor dissatisfaction.

Likelihood of taking part again was very high

- 83% reported that they would be likely or extremely likely to take part in the DFS again.

Thinking about your experience overall, how satisfied are you with your experience of the Demand Flexibility Service this winter?

- Very satisfied
- Satisfied
- Neither satisfied nor dissatisfied
- Dissatisfied
- Very dissatisfied

Thinking about your experience overall, how likely are you to take part in the Demand Flexibility Service again?

- Extremely likely
- Likely
- Neither likely nor unlikely
- Unlikely
- Extremely unlikely
- Don't know
Experiences

Notification periods

Only 20% agreed they would be able to take part with less than 2 hours’ notice.

Based on your experience of taking part, how much notice do you need to take part in an event?

- Less than 2 hours
- 2-6 hours
- 6-12 hours
- 12 hours +

Strongly disagree Disagree Neither agree nor disagree Agree Strongly agree
Experiences

What would households do differently

- **Adapt appliance usage** (using appliances differently, using more smart devices, using batteries)

- **Behaviour change** (organisation and preparation, getting family/friend buy-in)

- **Schedule changes** (making use of the In Day Adjustment (IDA), timing/automating events/appliances)

- **No change** (did all they consider possible or don’t know what they could change)

This evidence suggests that some respondents are open to actively reflecting on and improving their approach to demand shifting.

“Plan things better and buy more smart plugs.”
- Survey respondent
Experiences

What do households want ESO & providers to do differently

More and fairer rewards
- Recognise the imbalance between effort and participation

Better notice and more information
- Fix participation issues, provide more notice and use different media e.g. text)
- Provide advice on saving, calculation of result and impacts
- Provide an ‘opt in to all events’ option
- Explain system impacts

Provide more opportunities
- More events, different time slots, upfront schedule

These suggestions were largely to help improve the quality and quantity of their contributions to the DFS in future, rather than to limit its impact on households’ daily lives. But these comments indicate a need for other flexibility services, not just a critical peak rebate offer.

“Channel some of those massive profits my way in bigger rewards.”
- Diary respondent

“Give more notice and include text notifications.”
- Diary respondent

“It would be good to make more of a fuss about it and it would be good to hear that it did have a positive impact”
- Interview respondent
Benefits and challenges
Benefits and challenges

What have been the main benefits of participating in the DFS?

- Satisfaction from managing the challenge
- The rewards earned
- Being part of a national collective effort
- Being part of a big innovative trial
- Learning more about energy use at home
- More able to manage energy usage generally
- Learning more about smart meter / IHD
- Less reliance on carbon intensive generation
- Reduced anxiety about bills
- Community spirit / sense of community
- Talking to family / friends about energy
- Learning more about appliances / heating system
- Having time to relax / do other things
- Little or no benefit
- Other

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Benefits and challenges

Sense of satisfaction outweighs rewards

- 42% selected the sense of satisfaction from managing the challenge
- 39% selected the rewards earned
- 38% selected being part of a national collective effort

Analysis of qualitative data found other themes including
- A feel-good factor from taking part
- Learning
- Fun

“This has been a fun but effective way of educating the family about our electricity usage, and is having a lasting impact on our habits - much more likely now to turn off appliances we’re not using”

- Survey respondent
What have been the main challenges of participating in the DFS?

- Rewards insufficient
- Having to plan and change routine
- Remembering turn down events are happening
- Understanding what the most impactful electricity-saving actions are
- Not seeing the wider impact on the energy system
- Coping without electricity (eg. House too dark or too cold)
- Motivating myself or the rest of the household
- Lack of information on how reductions / savings are calculated
- Not having any electricity usage to shift
- Not enough notice of turn down events
- Learning how to programme appliances or heating system
- Motivating myself or the rest of the household
- Caring for the wider impact on the energy system
- Understanding what the most impactful electricity-saving actions are
- Not enough notice of turn down events
- Learning how to programme appliances or heating system
- No challenge
- Other
Benefits and challenges

Including diverse households

Slightly worse experiences and outcomes for households with health conditions, renters and those struggling financially

For those with a health condition that impacts life (n=5,467)

- 78% found it “easy” or “very easy” to know what to do to earn rewards compared 83% (-5%)
- 43% took part in 4 or more events in comparison to 48% (-5%)
- 14% reported no reward in comparison to 12% (+2%)
- 58% reported satisfaction with participating compared to 64% (-6%)

80% (4,376) of households with long term health conditions that impact their daily life were either likely or extremely likely to participate again. Providers should therefore try to improve experiences and outcomes.

“I’m disabled and I found turning off the lights was potentially dangerous”
- Survey respondent

“I can just go onto my phone and switch something off, especially if it’s a downstairs one and I’m not sure if it's been left on or not…”
- Interview respondent
Benefits and challenges

Adverse Shifting Strategies

Targeting the baseline
- Learnt via online forums or providers, but low overall awareness
- 16% selected this strategy, but may not have been aware of the IDA
- Qualitative research suggests some used the IDA to maximise benefits, and reveals emerging social norms around what can be considered the ‘right’ way to respond
- Some customers can turn up when required

Turning everything off
- A strategy more prevalent amongst less well-off households and renters
- Little impact on satisfaction levels

"If it hadn’t been for knowing the in-day adjustment period I wouldn’t have actually gained that much because I’m a very low user"
- Interview respondent

"I did read about people just putting everything on in the afternoon which felt a bit cheeky…"
- Interview respondent
Key takeaways

- Rewards and event opt ins are low
- Satisfaction levels are high
- Likelihood of participating again is very high
- Non-financial benefits are important for some
- The fairness of the DFS is questioned
- Wide uptake does not equal effective participation

“Have always tried to respond to a challenge and in my old age am still up for it. Does give me satisfaction looking after our wonderful world.”

- Survey respondent
Recommendations
Recommendations

**Future iterations of DFS**

1. Improve advice for households
   - Provide effective advice on what households should and should not shift.
   - Provide clear examples of how households will earn rewards, and give appropriate estimates of effort and reward.

2. Communicate widely the purpose and outcomes of DFS
   - Improve access to information.
   - Explain the system impacts achieved through participation.

3. Create transparency on rewards and baseline methodology

4. Improve communications with participating households
   - 3% reported technical issues with receiving invitations, this issue is likely to be under-reported.

5. Build in safety mechanisms to protect vulnerable households

6. Mandate a common evaluation
   - 95% (22,545) wanted their survey results to be shared with their DFS provider
   - 78% (18,530 households) wanted their survey results to be anonymised and archived for future research
   - 37% (8,722 households) were interested in knowing how to add their smart meter data to the evaluation and link it to their survey responses
Recommendations

Supporting longer term change

1. Diversify the type of flexibility services offered
   - The enthusiasm for participating in future DFS needs to be channelled towards appropriate offers that suit households' energy demand profiles and capabilities.

2. Build households’ smart energy capabilities by matching them to suitable offers
   - Factors such as tenure, health conditions, financial well-being and meter type do affect household engagement with flexibility services.

3. Build industry and consumer confidence in domestic flexibility with a more open approach to data
   - 18,530 households opted to make their anonymised results available for future research. A more open approach to data could improve confidence from both consumers and industry.

4. Widen public debate about flexibility and fair ways to achieve it
   - An open discussion is needed on the long-term reliability of using gamification to encourage shifting as well as the fairness of using incentives instead of penalties to manage peak load.
Our panel today

Cathy Sage
Centre for Sustainable Energy

Dr. Charlotte Johnson
Centre for Sustainable Energy

Nick Stromberg
Centre for Sustainable Energy

Laura Parkes
ESO, Consumer Strategy Manager

Annie Truong
Consumer Strategy Specialist

James Kerr
ESO, Power Responsive Engagement lead
Q&A

Join our Q&A at Slido.com

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demandflexibility@nationalgrideso.com

https://www.nationalgrideso.com/industry-information/balancing-services/demand-flexibility-service-dfs

Read the full report - Household engagement with the Demand Flexibility Service 2022/23