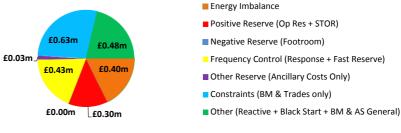
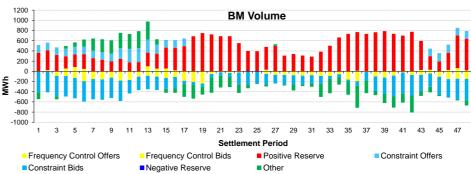


## national gridESO





## Commentary

The market was mostly short through the day peaking at just over 1200MW short during the morning pick up. A significant amount of demand suppression was observed through the early afternoon as the end of the Grand National coincided with the start of the FA cup semi-final.

Trades were done on the interconnectors and BMUs to manage ROCOF levels overnight and through the daytime. BM actions were required to manage power flow restrictions in Scotland and South Wales. Voltage levels in the North of England were also managed via the BM.